

**EXAMPLES OF NUTRITION FACTS
Special Situations**

Aggregate (for kits or variety packs)

Optional for foods packaged as a kit or variety pack

Nutrition Facts Label #16

Values for all components in the pack; composite shown first when applicable

Nutrition Facts		Pizza		Pizza Crust		Pizza Sauce		Cheese			
Serving Size		1 pizza (125g)		1 crust (60g)		1 bag (37g)		1 bag (28g)			
Servings Per Container		8		8		8		8			
Amount Per Serving											
Calories		280		170		20		90			
Calories from Fat		90		15		10		60			
		% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*			
Total Fat		10g	15%	1.5g	2%	1g	2%	7g	11%		
Saturated Fat		5g	25%	0g	0%	0g	0%	4.5g	23%		
Trans Fat		0g		0g		0g		0g			
Cholesterol		25mg	8%	0mg	0%	0mg	0%	25mg	8%		
Sodium		670mg	28%	240mg	10%	250mg	10%	170mg	7%		
Total Carbohydrate		36g	12%	31g	10%	3g	1%	1g	0%		
Dietary Fiber		2g	8%	1g	4%	1g	4%	0g	0%		
Sugars		4g		2g		2g		1g			
Protein		13g		6g		1g		6g			
*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs:		Calories: 2,000 2,500		Vitamin A 10%		0%		4%		6%	
				Vitamin C 6%		0%		6%		0%	
				Calcium 35%		6%		0%		30%	
				Iron 15%		10%		2%		0%	
Total Fat	Less than	65g	80g								
Saturated Fat	Less than	20g	25g								
Cholesterol	Less than	300mg	300mg								
Sodium	Less than	2,400mg	2,400mg								
Total Carbohydrate		300g	375g								
Dietary Fiber		25g	30g								

Food Consulting Company can prepare or review your nutrition facts label with our **Nutrition Facts Label** service. You receive print-ready artwork for your designer to position directly onto your package.